## WHAT IS CLAIMED IS:

- 1. An isolated nucleic acid which comprises a nucleotide sequence of a polymorphic region of a DISC1 allelic variant, wherein the DISC1 allelic variant has a nucleotide sequence that differs from a reference nucleotide sequence selected from the group consisting of:
  - (a) the nucleotide sequence set forth in SEQ ID NO:1;
  - (b) a DISC1 nucleotide sequence contained in the clone RP11-17H4, RP11-9801, RP4-584N17, RP5-865N13 or RP4-730B13; and
  - (c) the nucleotide sequence set forth in SEQ ID NO:4.
- 2. The isolated nucleic acid of claim 1 wherein the polymorphic region is located in a 5' promoter region.
- 3. The isolated nucleic acid of claim 1 wherein the polymorphic region is located in an intron.
- 4. The isolated nucleic acid of claim 1 wherein the polymorphic region is located in an exon.
- 5. The isolated nucleic acid of claim 1 which comprises a nucleotide sequence selected from the group consisting of SEQ ID NOS:33-43 and complementary sequences thereof.
- 6. A kit for amplifying or determining the molecular structure of at least a portion of a DISC1 nucleic acid, which kit comprises:
  - a probe or primer capable of hybridizing to a polymorphic region of a DISC1 nucleic acid; and

instructions for use.

- 7. The kit of claim 6, wherein the DISC1 nucleic acid is from a human DISC1 gene.
- 8. The kit of claim 7 wherein the probe or primer is capable of hybridizing to a polymorphic region of a DISC1 allelic variant, wherein the DISC1 allelic variant has a nucleotide sequence that differs from a reference nucleotide sequence selected from the group consisting of:
  - (a) the nucleotide sequence set forth in SEQ ID NO:1;
  - (b) a DISC1 nucleotide sequence contained in the clone RP11-17H4, RP11-9801, RP4-584N17, RP5-865N13 or RP4-730B13;
  - (c) the nucleotide sequence set forth in SEQ ID NO:4; and
  - (d) complementary sequences thereof.
- 9. The kit of claim 8 wherein the polymorphic region is located in a 5' promoter region.
- 10. The kit of claim 8 wherein the polymorphic region is located in a 3' untranslated region.
  - 11. The kit of claim 8 wherein the polymorphic region is located in an intron.
  - 12. The kit of claim 8 wherein the polymorphic region is located in an exon.
- 13. The kit of claim 8 wherein the polymorphic region comprises a nucleotide sequence selected from the group consisting of SEQ ID NOS:33-43 and complementary sequences thereof.

- 14. The kit of claim 8 wherein the probe or primer is a single stranded nucleic acid.
  - 15. The kit of claim 8 wherein the probe or primer is labeled.
- 16. The kit of claim 8 wherein the probe or primer has a nucleotide sequence from about 15 to about 30 nucleotides in length.
- 17. The kit of claim 16 wherein the probe or primer comprises a nucleotide sequence selected from the group consisting of SEQ ID NOS:33-127 and complementary sequences thereof.
- 18. A kit according to claim 16 which comprises a first primer and a second primer, wherein the first and second primers are selected from the group consisting of SEQ ID NOS:33-127 and complementary sequences thereof.
- 19. A kit for determining whether a subject is at risk of developing a neuropsychiatric disorder, which kit comprises:
  - a probe or primer that is capable of hybridizing to a polymorphic region of a DISC1 nucleic acid; and

instructions for use.

- 20. The kit of claim 19, wherein the neuropsychiatric disorder is schizophrenia, schizoaffective disorder, bipolar disorder, unipolar affective disorder and adolescent conduct disorder.
- 21. A method for detecting a DISC1 allelic variant, which method comprises contacting a sample DISC1 nucleic acid with a probe or primer complementary to a

polymorphic region of a DISC1 allelic variant so that the DISC1 allelic variant is detected in the sample DISC1 nucleic acid.

- 22. The method of claim 21 wherein the DISC1 allelic variant has a nucleotide sequence that differs from a reference nucleotide sequence selected from the group consisting of:
  - (a) the nucleotide sequence set forth in SEQ ID NO:1;
  - (b) a DISC1 nucleotide sequence contained in the clone RP11-17H4, RP11-9801, RP4-584N17, RP5-865N13 or RP4-730B13;
  - (c) the nucleotide sequence set forth in SEQ ID NO:4; and
  - (d) complementary sequences thereof.
- 23. The method of claim 21 further comprising determining the identity of the DISC1 allelic variant.
- 24. A method according to claim 23 which comprises determining the identity of at least one nucleotide of the sample DISC1 nucleic acid.
- 25. The method of claim 24 wherein the sequence of the polymorphic region of the sample DISC1 nucleic acid is determined.
- 26. The method of claim 23 wherein the identity of the DISC1 allelic variant is determined by restriction enzyme analysis.
- 27. The method of claim 23 wherein the identity of the DISC1 allelic variant is determined by single-stranded conformational polymorphism.
- 28. The method of claim 23 wherein the identity of the DISC1 allelic variant is determined by allelic specific hybridization.

- 29. The method of claim 21 wherein the identity of the DISC1 allelic variant is determined by primer specific extension.
- 30. The method of claim 21 wherein the identity of the DISC1 allelic variant is determined by an oligonucleotide ligation assay.
- 31. The method of claim 21 wherein the DISC1 allelic variant is an allelic variant of a human DISC1 gene.
- 32. The method of claim 21 wherein the nucleotide sequence of the probe or primer is from about 15 to about 30 nucleotides in length.
- 33. The method of claim 32 wherein the probe or primer comprises a nucleotide sequence selected from the group consisting of SEQ ID NOS: 33-127 and complementary sequences thereof.
- 34. A method according to claim 21 which further comprises contacting the sample DISC1 nucleic acid with a second probe or primer, wherein each probe or primer has a nucleotide sequence selected from the group consisting of SEQ ID NOS: 33-127 and complementary sequences thereof.
- 35. The method of claim 34 which comprises hybridizing the two probes or primers to the sample DISC1 nucleic acid.
- 36. The method of claim 21 wherein the probe or primer is a single stranded nucleic acid.
  - 37. The method of claim 21 wherein the probe or primer is labeled.

- 38. A method for determining whether a subject has or is at risk of developing a disease or disorder associated with a specific DISC1 allelic variant, which method comprises identifying, according to the method of claim 21, the DISC1 allelic variant in a nucleic acid sample from the subject.
- 39. The method of claim 38 wherein the disease or disorder is a neuropsychiatric disorder.
- 40. The method of claim 39 wherein the neuropsychiatric disorder is selected from the group consisting of schizophrenia, schizoaffective disorder, bipolar disorder, unipolar affective disorder and adolescent conduct disorder.
- 41. The method of claim 40 wherein the neuropsychiatric disorder is schizophrenia.
- 42. A method for selecting an appropriate drug for administration to an individual, which method comprises determining the molecular structure of at least a portion of the DISC1 gene of the individual.
- 43. The method of claim 42 wherein the molecular structure is determined according to a method that comprises determining the identity of an allelic variant of at least one polymorphic region of the DISC1 gene of the individual.
- 44. A method for treating a subject having a disease or disorder associated with a specific allelic variant of a polymorphic region of a DISC1 gene, which method comprises:
  - (a) determining the identity of the allelic variant; and
  - (b) administering, to the subject, a compound that compensates for the effect of the specific allelic variant.

- 45. The method of claim 44 wherein the compound is a DISC1 protein activity inhibitor.
  - 46. The method of claim 44 wherein the polymorphic region is located in an exon.
- 47. The method of claim 44 wherein the polymorphic region is located in an intron.
  - 48. The method of claim 44 wherein the specific allelic variant is a mutant allele.
- 49. The method of claim 44 wherein the polymorphic region is located in a promoter region.
- 50. The method of claim 44 wherein the sequence of the specific allelic variant comprises a nucleotide sequence selected from the group consisting of SEQ ID NOS: 33-43 and complementary sequences thereof.
- 51. The method of claim 44 wherein the specific allelic variant is associated with a neuropsychiatric disorder.
- 52. The method of claim 51 wherein the neuropsychiatric disorder is selected from the group consisting of schizophrenia, schizoaffective disorder, bipolar disorder, unipolar affective disorder and adolescent conduct disorder.
- 53. The method of claim 44 wherein the compound modulates DISC1 protein activity levels.